Aditya Consumer Marketing Limited

CIN : L52190BR2002PLC009872
An ISO 9001:2015 Certified Company
a BSE Listed Company

9to9 SUPER MARKET
Patna
- Bandar Bagicha
- S K Puri
- Kankar Bagh
- Ashiana Nagar
- Patna City
- Anisabad

Gaya
- Gaya College Road

9to9 Salon
For Ladies
Patna
- Bandar Bagicha
- S K Puri
- Kankar Bagh
- Ashiana Nagar
- Patna City
- Rajendra Nagar
- Anisabad

Gaya
- Gaya College Road

For Gents
Patna
- Bandar Bagicha
- S K Puri
- Ashiana Nagar
- Patna City
- Rajendra Nagar

9to9
Banquet & Conference Hall
Patna
- Bandar Bagicha
- Kankar Bagh

Gaya
- Gaya College Road

Yo!China
Patna
- Bandar Bagicha
- Ashiana Nagar
- Patna City

Gaya
- Gaya College Road

TAKE-AWAY-EXPRESS
- S K Puri
- Kadam Kuan
- Mumbai

Date- 18th November, 2020

BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street
Mumbai-400 001

SCRIP Code: 540146

Sub :- Newspaper Advertisement- Disclosure under regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) regulations, 2015("SEBI Listing Regulations")

Dear Sir(s)

Pursuant to Regulation 30 read with Schedule III Para A of Part A of SEBI (Listing Obligations and Disclosure Requirement) Regulations, 2015, we enclose the copies of newspaper advertisements published in Aj (Hindi) and The Times of India (English) On 18th November, 2020 in compliance with Ministry of Corporate Affairs Circular No. 33/2020 dated September 28, 2020, intimating that the Company is proposing Postal ballot to seek approval of shareholders of the Company for the following resolutions:-

Item No.	Description
1.	Approval for payment of remuneration to Mrs. Sunita Sinha
2.	Appointment of Mr. Anant Upadhyay (DIN:08847156) as an Independent Director
3.	Appointment of Mr. Atul Sinha (DIN:08948807) as an Independent Director

This is for your information and record.

Thanking you

Yours faithfully

For Aditya Consumer Marketing Limited
For Aditya Consumer Marketing Limited
Hridaya Narayan Tiwari
Company Secretary

Hridaya Narayan Tiwari
Company Secretary

Encl: As Above

ADITYA CONSUMER MARKETING LIMITED PATNA

11 मरीजों ने जीती जंग

फुलवारीशरीफ। पटना एम्स में मंगलवार को 8 लोगों की मौत कोरोना से हो गयी, जबकि नये मरीजों में 11 मरीजों की जांच रिपोर्ट कोरोना पॉजीटिव निकली है। एम्स कोरोना नोडल आफिसर डॉ संजीव कुमार के मुताबिक पटना एम्स में सहरसा के 46 वर्षीय सुमन कुमार सदा, नालंदा के 62 वर्षीय अयोध्या प्रसाद, सारण के 53 वर्षीय रामाशंकर प्रसाद यादव, पटना के 72 वर्षीय हर्षदेव चौधरी, वैशाली के 50 वर्षीय रामजी महतो, गर्दनीबाग के 80 वर्षीय कन्हैया लाल, सारण के 70 वर्षीय कविराज विश्वनाथ सिंह, जबकि दरभंगा कि 66 वर्षीय जीनत आरा की मौत हो गयी है। वहीं मंगलवार को एम्स के आइसोलेशन वार्ड में 11 नये मरीजों की जांच रिपोर्ट कोरोना पॉजीटिव आयी, जिसमें पटना, जमुई, पूर्वी चपांरण, गया के मरीज शामिल हैं।

इसके अलावा एम्स में 11 लोगों ने कोरोना को मात दे दिया, जिन्हें अस्पताल से डिस्चार्ज कर दिया गया।

लोक आस्था का महापर्व छठ को लेकर रंग-बिरंगी रोशनी से जगमगाया काली घाट।

पटना में मिले कोरोना के 186 नये मरीज

पटना (आससे)। बिहार में कोरोना संक्रमण की रफ्तार अब धीमी हो गई है। लेकिन इसके बावजूद भी हर रोज हजारों की संख्या में पॉजिटिव मरीज मिल रहे हैं स्वास्थ्य विभाग की ओर से जारी अपडेट के मुताबिक बिहार में ५१३ लोग कोरोना पॉजिटव मिले हैं। इसके साथ ही राज्य में कोरोना संक्रमितों की संख्या बढ़कर 22७९४६ हो गई है। जबकि बिहार में फिलहाल ६२९५कोरोना के एक्टिव मरीज है। पटना में कोरोना का कहर थमने का नाम नहीं ले रहा है पटना में एक बार फिर १८६ कोरोना के नए मामले सामने आये हैं। रविवार को स्वास्थ विभाग से मिली जानकारी के मुताबिक पटना मे कोरोना के १८६ नए मरीज मिले है जबकि अररिया में ८,अररिया १ औरंगाबाद में ११,बाका १३,बेगुसराय ३,भागलपुर ११,भोजपुर५,दरभंगा, बक्सर २, दरभंगा १०,ईस्ट चंपारण ८,गया १९,गोपालगंज ७,जमुई १०,जहानाबाद १०, कैमूर ४, कटिहार १६,खगडिया ४,किशनगंज १६,लखीसराय ५,मधेपुरा ७,मधुबनी ५,मुजफ्फरपुर २७, मुगेंर १८,नालंदा १४,नवादा ११,पूर्णिया ११,रोहतास ९,सहरसा ४, सारण ९, समस्तीपुर ७,सीवान ४,सुपौल ८,वैशाली ९ और वेस्ट चंपारण में कोरोना के १२ नए मामले मिले है। बीते दिन सोमवार को जारी नियमित अपडेट के मुताबिक पिछले २४ घंटे के भीतर ५ व्यक्ति की मौत हुई इसके साथ ही राज्य में कोरोना से मरने वालों का आंकड़ा ११८९ हो गया है। बिहार के लोगों के लिए खुशी की बात तो ये है कि महज २४ घंटे के भीतर ५९७ कोरोना मरीज स्वस्थ हुए हैं। इसके साथ ठीक होने वाले मरीजों की संख्या दो लाख के करीब हो गई। राज्य में अब तक कुल २२०४६१ मरीज स्वस्थ हो चुके हैं।

एनएमसीएच में 16 मरीज भर्ती

पटना सिटी (आससे)। कोविड-19 अस्पताल नालंदा मेडिकल कॉलेज में मंगलवार को कोरोना वायरस के 16 मरीज भर्ती है। इस संबंध में अस्पताल के अधीक्षक डॉ.विनोद कुमार सिंह, एपिडेमियोलॉजिस्ट डॉ. मुकुल कुमार सिंह, नोडल पदाधिकरी डॉ. संजय कुमार ने संयुक्त रूप से बताया कि अस्पताल में 4608 मरीज भर्ती हुए जिसमें 3812 के जांच रिपोर्ट निगेटिव आने पर अस्पताल से डिस्चार्ज कर दिया गया, जबकि बेड पर कुल 84 मरीज भर्ती हैं, जबकि अबतक 1892 मरीज कोविड-19 को हराकर घर लौट गये हैं।

महापर्व में बरसती है छठी मइया की कृपा

नहाय-खाय आज, खरना कल

पटना (आससे)। लोक आस्था के महापर्व छठ का चार दिवसीय अनुष्ठान कार्तिक शुक्ल चतुर्थी बुधवार को नहाय-खाय से शुरू हो रहा है। छठ पर्व मुख्य रूप से प्रत्यक्ष देव भगवान भाष्कर की उपासना का पर्व है। पौराणिक मान्यताओं के अनुसार छठ सूर्यदेव की बहन हैं। मान्यता है कि छठ पर्व में सूर्योपासना करने से छठ माता प्रसन्न होती हैं तथा परिवार में सुख, शांति व धन-धान्य से परिपूर्ण करती हैं। भारतीय ज्योतिष विज्ञान परिषद के सदस्य ज्योतिषाचार्य पंडित राकेश झा शास्त्री ने कहा कि कल रवियोग में नहाय-खाय से चार दिवसीय छठ महापर्व शुरू हो रहा। इस महापर्व का समापन अति शुभाशुभ द्विपुष्कर योग में होगा। धार्मिक मान्यता है कि इस तिथि को गंगा स्नान मात्र से शरीर के सारे कष्ट विशेषकर त्वचा रोग का नाश हो जाता है।

ग्रह-गोचरों का शुभ संयोग

पंडित झा के मुताबिक, कार्तिक शुक्ल चतुर्थी को रवियोग में नहाय खाय के साथ छठ महापर्व शुरू हो रहा है। इस बार छठ महापर्व पर ग्रह-गोचरों का शुभ संयोग बन रहा है। यह पर्व पारिवारिक सुख-समृद्धि और मनोवांछित फल की प्राप्ति के लिए व्रती पूरे विधि-विधान से छठ का व्रत करेंगी। इस पर्व को करने से रोग, शोक, भय आदि से मुक्ति मिलती है।

छठ व्रत करने की परंपरा ऋग्वैदिक काल से ही चला आ रहा है। वहीं शुक्रवार 20 नवंबर को सायंकालीन अर्घ्य पर सर्वार्थ सिद्धि योग का संयोग बन रहा है, जबकि 21 नवंबर शनिवार को उदीयमान सूर्य को अर्घ्य पर सर्वार्थ सिद्धि योग के साथ द्विपुष्कर योग का शुभ संयोग बन रहा है।

छठ महापर्व खासकर शरीर, मन तथा आत्मा की शुद्धि का पर्व है। वैदिक मान्यताओं के अनुसार नहाय-खाय से छठ के पारण सप्तमी तिथि तक उन भक्तों पर षष्ठी माता की कृपा बरसती है, जो श्रद्धापूर्वक व्रत-उपासना करते हैं। प्रत्यक्ष देवता सूर्य को पीतल या तांबे के पात्र से अर्घ्य देने से आरोग्यता का वरदान मिलता है। पंडित झा ने कहा कि सूर्य को आरोग्य का देवता माना गया है। सूर्य की किरणों में कई रोगों को नष्ट करने की क्षमता है।

नहाय-खाय एवं खरना के प्रसाद से दूर होते कष्ट

छठ महापर्व के प्रथम दिन नहाय-खाय में लौकी की सब्जी, अरवा चावल, चने की दाल, आंवला की चासनी के सेवन का खास महत्व है। वैदिक मान्यता है कि इससे पुत्र की प्राप्ति होती है। वहीं वैज्ञानिक मान्यता है कि गर्भाशय मजबूत होता है। खरना के प्रसाद में ईख के कच्चे रस, गुड़ के सेवन से त्वचा रोग, आंख की पीड़ा समाप्त हो जाते हैं। वहीं इसके प्रसाद से तेजस्विता, निरोगिता व बौद्धिक क्षमता में वृद्धि होती है।

खरना पूजा व अर्घ्य मुहूर्त

खरना : संध्या 5.22 बजे 7.26 बजे तक

अस्ताचलगामी सूर्य को अर्घ्य : 5.21 बजे तक

प्रात:कालीन सूर्य को अर्घ्य : 6:39 बजे के बाद

बारह रूपों से भगवान सूर्य करते हैं जगत पालन

पटना (आससे)। बिहार में सूर्योपासना का महापर्व इसलिए सर्वव्यापी है, क्योंकि यहां अनादिकाल से मान्यता रही है कि भगवान सूर्य ही संसार के संचालक हैं। अपने बारह स्वरूपों से भगवान सूर्य संसार पर अपनी कृपा बरसाते हैं। सूर्य से ही जगत की उत्पत्ति है और प्रलयकाल में भी उसी तेजस्वी आदित्य में संयार लीन हो जाता है। भगवान सूर्य के बारह मूर्तियों में इन्द्र नामक मूर्ति शत्रुओं का नष्ट करनेवाला है। धाता नामकी मूर्ति प्रजापति के रूप में प्रजाओं की सृष्टि करती है। पर्यन्य नामक मूर्ति बादलों में स्थित होकर अपने किरणों से वर्षा करती है। त्वष्टा रूप से औषधियों, वनस्पतियों में निवास करते हैं। पूषा रूप में प्रजा को पुष्टि प्रदान करते हैं। अर्यमा रूप से देवताओं में आश्रित होकर वायु की संचालन गति को बढ़ाते हैं। भग रूप में मूर्ति भूमि में स्थित होकर देहधारियों के शरीर में प्रवेश करती है। विवश्वान रूप में देहधारियों के शरीर में अन्न को पचाते हैं। विष्णु रूप में देवताओं के शत्रुओं का वध करने के लिए अवतार लेते हैं। अंशुमान के रूप में सूर्य की दशमी मूर्ति पूजा में आनन्द का संचार करती है। वरुण नाम की मूर्ति जल में अवस्थित होकर नित्य प्रजाओं का पोषण करते हैं और मित्र रूप में भगवान सूर्य लोक कल्याण के लिए चन्द्र सरोवर में स्थित रहते हैं। इस अटूट आस्था और विश्वास की भूमि होने से विहार में सूर्योपासना की परंपरा अत्यंत प्राचीन रही है।

कद्दू 20 रुपये पीस, अगस्त का फूल 300 रुपये किलो बिका

पटना (आससे)। लोक आस्था का चार दिवसीय महापर्व छठ बुधवार को नहाय-खाय के साथ शुरू हो जायेगा। इसके लिए राजधानी के बाजार सज चुके हैं। कोविड-१९ के काल में वर्ष का यह दूसरा छठ पर्व है। चैती छठ के समय कोरोना वायरस का आतंक था। लेकिन, इस छठ में राजधानीवासी कोरोना के भय से मुक्त हैं। कल नहाय-खाय में उपयोग के लिए सभी प्रकार के सामग्री की आमद आज बाजार में प्रचुर मात्रा में हो गयी। नहाय-खाय के लिए कद्दू का भाव उम्मीद से काफी कम रहा। कद्दू आज बीस से तीस रुपये किलो बिका। अंटा घाट सब्जी मंडी में कद्दू बीस रुपये प्रति पीस में उपलब्ध था। नया आलू दो सौ साठ से दो सौ अस्सी रुपये पसेरी उपलब्ध रहा। आज पुराना आलू की पूछ कम हुई। क्योंकि छठ में सबकुछ नयी सामग्री का प्रयोग होता है। बैंगन तीस से चालीस रुपये किलो बिका। छीमी एक सौ अस्सी से दो सौ रुपये किलो में बिका।

अंटा घाट सब्जी मंडी में अगस्त का फूल ढाई से तीन सौ रुपये किलो बिका। टमाटर लाल आंख दिखाने में नाकाम रहा। खुलेआम चालीस रुपये किलो बिका। पिछले सप्ताह फूलगोभी का दाम कम होने लगा था। इसका परिणाम हुआ कि आज इसका एक फूल (बड़ा) बीस से तीस रुपये प्रति पीस में बिका। अंटा घाट सब्जी मंडी में अगस्त का फूल ढाई से तीन सौ रुपये किलो बिका। टमाटर लाल आंख दिखाने में नाकाम रहा। खुलेआम ४० रुपये किलो बिका। पिछले सप्ताह फूलगोभी का दाम कम होने लगा था। इसका परिणाम हुआ कि आज इसका एक फूल (बड़ा) बीस से तीस रुपये प्रति पीस में बिका। नहाय- खाय के दिन पालक साग का प्रयोग होता है।

इसलिए इसकी भी बिक्री खूब हुई। पालक साग दस से बीस रुपये किलो में ग्राहक खरीदते नजर आये। कुल मिलाकर नहाय-खाय में उपयोग होनेवाली सभी प्रकार की सब्जियों के दाम नियंत्रित रहे। चना दाल सत्तर से अस्सी रुपये किलो में बिका। अपनी-अपनी क्षमतानुसार चावल की खरीदारी लोगों ने की। सेंधा नमक का भाव तेज रहा। सेंधा नमक का उत्पादन प्रचुर मात्रा में पड़ोसी देश पाकिस्तान में होता है। अपने देश में इसका उत्पादन काफी कम है। बाजार में अरवा और बासमती चावल न्यूनतम ४५ रुपये से लेकर एक सौ रुपये किलो में दलदली रोड में बिका। सरसों तेल के दाम में पिछले १५ दिनों में तहासा बढ़ोतरी हुई है। नतीजा हुआ कि आज दो किलो की जगह एक किलो का ही सरसों तेल पैकट खरीदकर नहाय-खाय की सामग्री तैयार करने में ही खरीदार बेहतरी समझ रहे थे। शुद्ध घी का भी प्रयोग होता है।

दानापुर में बढ़ी चहल-पहल

दानापुर (आससे)। लोक आस्था का महापर्व छठ पूजा मनाने को लेकर पूरे दानापुर नगर समेत आसपास के इलाकों में तैयारियां जोरों पर है। इस अवसर पर चहल पहल काफी बढ़ गई है। दानापुर नगर के प्रमुख सदर बाजार, पेठिया बाजार सहित अन्य बाजारों में छठ पूजन सामग्री की विशेष दुकानें सजी है। जहां खरीदने के लिए लोगों की भीड़ दिनभर देखी गई। यहां पर लोक आस्था का महापर्व छठ पूजा बुधवार से नहाय खाय के साथ चार दिवसीय अनुष्ठान प्रारंभ हो जाएगा। दानापुर शहर सहित आसपास के इलाकों में छठ पूजा महिमा की पारंपरिक लोकगीत संगीत पूरे वातावरण में गुंजायमान हो रहा है। इसी बीच लोगों के द्वारा तैयारियां की जा रही है। वहीं दूसरी ओर जिलाधिकारी के निर्देशानुसार दानापुर अनुमंडल प्रशासन के तहत दानापुर नगर परिषद एवं दानापुर छावनी परिषद प्रशासन की ओर से विभिन्न गंगा घाटों की साफ-सफाई अभियान लगातार जारी है।

ADITYA VISION LIMITED

CIN: L32109BR19999PLC008783

Registered Office: 1st, 2nd& 3rd Floor, Aditya House, M-20, Road No. 26, S. K. Nagar, Patna-800001, Bihar
Tel No. +91-612-2520874/54, Email: cs@adityavision.in | Website: www.adityavision.in

NOTICE OF POSTAL BALLOT

Dear Member(s),
Notice is hereby given that "Aditya Vision Limited" (the Company) is proposing Postal ballot to seek approval of shareholders of the Company for the following resolutions:-

Item No.	Description
1.	Approval of migration of the Company from BSE SME Segment to the Main Board of BSE Limited
2.	Approval for payment of remuneration to Mrs. Sunita Sinha
3.	Appointment of Mr. Anant Upadhyay (DIN:08847156)as an Independent Director
4.	Appointment of Mr. Atul Sinha (DIN:08948807) as an Independent Director

Pursuant to Section 110 of the Companies Act, 2013 ("Act") and other applicable provisions, if any, of the Act and Rule 22 of the Companies (Management and Administration) Rules, 2014 ("Rules"), as amended from time to time, read with the Circular No. 14/2020 dated April 8, 2020, Circular No. 17/2020 dated April 13, 2020 and Circular No. 33/2020 dated September 28, 2020, issued by the Ministry of Corporate Affairs ("MCA") (hereinafter collectively referred to as "MCA Circulars"), that the Resolutions for consideration and approval, are proposed to be passed as a Special and as well as ordinary Resolution by the Members of Aditya Vision Limited (" the Company") through Postal Ballot only by voting through electronic means ("remote e-voting").

The Company is providing remote e-voting facility ("Remote e-voting") to all its members to cast their votes on all resolutions set out in the Postal ballot Notice. The cut-off date for the purpose of determining the members eligible for participation in remote e-voting is Friday, 20th November, 2020.

In compliance with the aforesaid MCA Circulars, the Postal Ballot Notice is being sent only through electronic mode to those Members whose e-mail addresses are registered with the Company/Depositories. If your e-mail address is not registered with the Company/Depositories, please follow the process provided below to receive this Postal Ballot Notice and login ID and password for remote e-voting. The communication of the assent or dissent of the Members would only take place through the remote e-voting system.

Physical Mode Holding	Send scanned copy of the following documents by email to Register and Share Transfer Agent/Company at investor@cameoindia.com or cs@adityavision.in. a. Signed request letter mentioning name of Shareholder, Folio No. and Complete address; b. Scanned copy of the share certificate (front and back) and c. Self-attested copy of PAN Card and Aadhar Card
Demat Holding	Please contact your Depository Participant (DP) and register your email address in your demat account, as per the process advised by your DP

Place : Patna
Date : 17 November 2020

For Aditya Vision Limited
Sd/-
Akanksha Arya, Company Secretary

ADITYA CONSUMER MARKETING LIMITED

CIN-L52190BR2002PLC009872

Registered Office- Lower Ground & Ground Floor, Aditya House, M-20, Road No.26, S.K.Nagar, Patna-800001(Bihar)
Tel No. 0612-2520854/674, E-mail id -cs@adityaconsumer.com | Website: www.adityaconsumer.com

NOTICE OF POSTAL BALLOT

Dear Member(s),
Notice is hereby given that "Aditya Consumer Marketing Limited"(the Company) is proposing Postal Ballot to seek approval of shareholders of the Company for the following resolutions:-

Item No.	Description
1.	Approval for payment of remuneration to Mrs. Sunita Sinha
2.	Appointment of Mr. Anant Upadhyay (DIN:08847156)as an Independent Director
3.	Appointment of Mr. Atul Sinha (DIN:08948807) as an Independent Director

Pursuant to Section 110 of the Companies Act, 2013 ("Act") and other applicable provisions, if any, of the Act and Rule 22 of the Companies (Management and Administration) Rules, 2014 ("Rules"), as amended from time to time, read with the Circular No. 14/2020 dated April 8, 2020, Circular No. 17/2020 dated April 13, 2020 and Circular No. 33/2020 dated September 28, 2020, issued by the Ministry of Corporate Affairs ("MCA") (hereinafter collectively referred to as "MCA Circulars"), that the Resolutions for consideration and approval, are proposed to be passed as a Special and as well as ordinary Resolution by the Members of Aditya Consumer marketing Limited ("the Company") through Postal Ballot only by voting through electronic means ("remote e-voting").

The Company is providing remote e-voting facility ("Remote e-voting") to all its members to cast their votes on all resolutions set out in the Notice of the Postal Ballot. The cut-off date for the purpose of determining the members eligible for participation in remote e-voting is Friday, 20th November, 2020.

In compliance with the aforesaid MCA Circulars, this Postal Ballot Notice is being sent only through electronic mode to those Members whose e-mail addresses are registered with the Company/Depositories. If your e-mail address is not registered with the Company/Depositories, please follow the process provided below to receive this Postal Ballot Notice and login ID and password for remote e-voting. The communication of the assent or dissent of the Members would only take place through the remote e-voting system. If your email id is already registered with the Company/Depository, login details for e-voting are being sent on your registered email address.

Physical Mode Holding	Send scanned copy of the following documents by email to Register and Share Transfer Agent/Company at investor@cameoindia.com or cs@adityaconsumer.com:- a. Signed request letter mentioning name of Shareholder, Folio No. and Complete address; b. Scanned copy of the share certificate (front and back) and c. Self-attested copy of PAN Card and Aadhar Card
Demat Holding	Please contact your Depository Participant (DP) and register your email address in your demat account, as per the process advised by your DP

Place : Patna
Date : 17 November 2020

For Aditya Consumer Marketing Limited
Sd/-
Hridaya Narayan Tiwari, Company Secretary

बिहार सरकार

छठ महापर्व 2020

आवश्यक सूचना

- नदी घाटों पर अत्यधिक भीड़ की संभावना के मद्देनजर कोविड संक्रमण के खतरे को देखते हुए देव छठ घाट एवं कुटुम्बा प्रखंड अंतर्गत दोमुहान छठ घाट पर कार्तिक छठ मेला का आयोजन नहीं किया जाएगा तथा यह श्रेयस्कर होगा कि सभी छठव्रती यथासंभव अपने घर पर ही पूजा करें।
- तालाबों पर अवस्थित घाटों पर छठ व्रत के दौरान प्रत्येक व्यक्ति द्वारा मास्क का प्रयोग किया जाना आवश्यक है एवं आपस में दो गज की दूरी का अनिवार्य रूप से पालन किया जाना है।
- छठ पर्व के दौरान बुखार से ग्रस्त व्यक्ति, साठ साल से ऊपर के व्यक्ति, दस साल से कम उम्र के बच्चें एवं अन्य गंभीर बीमारियों से ग्रस्त व्यक्तियों को सलाह दी जाती है कि वे छठ घाट पर न जाएं।
- तालाब में अर्घ्य देने के दौरान डुबकी नहीं लगाएं।
- छठ पर्व के अवसर पर मेला, जागरण, सांस्कृतिक कार्यक्रम का आयोजन वर्जित रहेगा ताकि भीड़-भाड़ की स्थिति उत्पन्न नहीं हो।

सभी नागरिकों से अपील की जाती है कि उपरोक्त निर्देशों के अनुपालन हेतु जिला प्रशासन का आवश्यक सहयोग करें तथा यथासंभव अपने घर पर ही पूजा करें। – जिला प्रशासन, औरंगाबाद।

PR No - 008459 (I & PRD)D. 2020-21

4-day Chhath festivities begin with 'nahay-khay' today

B K Mishra

Patna: As the four-day Chhath festival begins with 'nahay-khay' on Wednesday, three common food items – 'chawal' (rice), 'chana dal' (split Bengal gram) and 'lauki' (bottle gourd) – will be essentially available on the menu of most devotees on the first day.

Devotees consume these items before undertaking the fast for Chhath as they are easily available this season and can be afforded even by the poorest of poor. Is there any special significance of eating these items before undertaking the fast for Chhath? Yes, the scientific community finds sufficient reasons for the consumption of these "ordinary" items on the occasion of Chhath.

Most devotees are not quite aware of the fact that these items are highly nutritious and prepare them well for undertaking the fast. "All these edibles are easily digestible and nutritional and essential for pre-conditioning of the human bodies undertaking the fast," said Patna Science College's former principal Radha Kant Prasad.

Chana dal is an extremely healthy food due to its high protein content relative to other vegetables. Its other nutritional benefits include providing a source of complex carbohydrates, important vitamins and minerals such as folate and iron and antioxidants. It contains as much as 25% protein, no cholesterol and virtually no fat, Prasad added.

"Pulses are most nutritional when consumed along with a grain or cereal to provide a good source of methionine, the level of which is low in pulses. Hence, dal is consumed with rice," said T P S College retired chemistry teacher Mahesh Chandra.

Bottle gourd, which is consumed as a vegetable by most devotees on 'nahay-khay' day, helps maintain the sodium-potassium balance in the bodies of the devotees during their fasting. A single bottle gourd contains vitamin A, B and C, calcium, phosphorus, iron, sodium, potassium, niacin, magnesium and little traces of other minerals.

Bottle gourd is loaded with Vitamin A which helps in bone growth, increase antibody and maintain and enhance skin's health. Vitamin C protects the devotees from cold and cough as they have to remain in water for hours for worshipping the setting and rising Sun. "Bottle gourd has got very high content of water which protects the devotees from dehydration," said Patna University botany department senior teacher Birendra Prasad.

Several devotees also consume radish which contains a number of nutrients, said Magadh University retired botany teacher Ramdas Prasad. "The benefits of eating radish are numerous. It keeps body hydrated and helps treat urinary and kidney disorders, regulate blood sugar levels in diabetics, prevent cardiovascular diseases, and also improve body's immunity. It is also useful in preventing leucoderma and oral cancers, and in treating various respiratory disorders," he added.

Rahul Sharma

Gandhi Ghat in Patna spruced up for Chhath celebrations from Wednesday

FESTIVE FERVOUR

Hosps gear up to tackle emergencies

V K Tripathi

Patna: The district administration may have urged Chhath devotees to avoid visiting Ganga ghats due to the Covid-19 pandemic, but government hospitals are gearing up for the four-day festival. The Patna Medical College and Hospital (PMCH), Nalanda Medical College and Hospital (NMCH) as well as the 23 primary health centres (PHCs) in the district have made arrangements for tackling any emergency situation.

Patna district magistrate (DM) Kumar Ravi has directed the authorities concerned to depute medical teams at 92 ghats and four river ambulances in the Ganga for "exceptional circumstances".

"Covid-19 poses a high risk for people who take part in huge gatherings at ghats during Chhath. Hence, we urge devotees, especially kids below the age of 10 years and elderly people, to celebrate the festival at home," the DM told this reporter.

According to Patna civil surgeon Dr Vibha Kumari Singh, medical officers of the 23 PHCs have been directed to hold meetings with panchayat level representatives and local people and ask them not to assemble at ghats for celebrating Chhath. "As a precautionary measure, medical teams will be deputed at all the ghats and 36 ambulances kept ready at different places in the district. Besides, five special medical teams will rush to the spot from where an emergency is reported," Dr Vibha said.

PMCH superintendent Dr Bimal Karak also asked people to avoid large gatherings at ghats. "Our doctors and paramedical staff will be on duty in three shifts for three days from November 19. Four ambulances will also be ready for providing round-the-clock emergency services," he said, adding that the hospital was under "red alert mode" for Chhath and all emergency medicines were available.

PMCH principal Dr V P Choudhary pointed out that altogether 25 doctors would be on duty for tackling emergencies.

The NMCH and the Indira Gandhi Institute of Medical Sciences (IGIMS) are also ready to handle any type of emergency situation that occurs during Chhath celebrations.

While NMCH superintendent Dr Binod Kumar Singh claimed that the hospital had "sufficient number of beds", his IGIMS counterpart Dr Manish Mandal said, "We have planned to keep six beds ready for any emergency situation during Chhath."

Rahul Sharma

People carry 'Gangajal' home

> We urge devotees, especially kids below the age of 10 years and elderly people, to celebrate the festival at home
>
> KUMAR RAVI
> Patna DM

Admn chalks out traffic plan in Gaya

The Gaya district administration has chalked out a traffic plan to be followed during the four-day Chhath Puja in order to avoid traffic congestion in the town area.

According to a press release issued by district public relations officer (DPRO) Shambu Nath Jha, the entry of goods carriers and other heavy vehicles will be banned in Gaya town from 12pm on Thursday till 2pm on Saturday.

While the movement of heavy vehicles will be prohibited on Gautam Buddha Road from Thursday to Saturday, only two-wheelers will be allowed to ply on the stretch between Bata Mor and Tekari Road. Vehicles will also be banned on the stretch from Koiribari Mor to Vishnupad and Ghughari Tand Bypass to Gewalbigha. Besides, only the vehicles of Chhath devotees will be allowed between Tower Chowk and Ramna Road. Light vehicles, coming from Patna side, will enter the town area via Chhotki Nawada, Bageshwari Railway Crossing and Station Road and halt at Kandi Nawada on Gaya-Patna Road. On the other hand, vehicles from Nawada side will halt near Mehta petrol pump at Manpur.

Meanwhile, Gaya DM Abhishek Singh has urged the people to celebrate Chhath at home and avoid visiting the ghats due to the Covid-19 pandemic. SSP Rajiv Mishra has directed the SDPOs and the SHOs to check the sale and use of crackers during the festival. TNN

'Puja offers health benefits'

B K Mishra

Patna: The rituals performed by devotees during Chhath Puja have several health benefits as they represent a rigorous scientific process for detoxification, claim health experts.

According to yoga expert Dr Prabhakar Devraj, the four-day festival, which is celebrated mostly in Bihar, Jharkhand and eastern Uttar Pradesh, has been crafted in such a way that it offers great physical, mental, spiritual and social benefits to the devotees.

Citing the WHO's definition of health, he says, "It includes the physical, mental, social and spiritual well-being of a person."

Devraj adds, "Since Chhath is celebrated during the period of change of season from summer to winter, it acclimatizes the devotees to the temperature and protects their health by boosting immunity. As it is observed by women for the well-being of their children and families with great purity and religious fervour, it provides them with spiritual benefits. Besides, it offers mental benefits to them by calming their minds and reducing negative energies like hatred, fear and anger."

As far as the medical benefits are concerned, Chhath Puja has been designed in such a way that it involves maximum absorption of calcium and vitamin D into the body.

"Vitamin D deficiency is a major problem today. Most Covid-19 patients lack sufficient amount of the vitamin which can be obtained by remaining in the sun for few hours," says former state president of the Indian Medical Association, Dr Rajiv Ranjan Prasad.

He also points out that fasting is a great immunity booster as it detoxifies the body. "Fasting is a way to give one's digestive system a break and flush out the toxins. The body's metabolism also gets improved," he adds.

Retired civil surgeon, Kumkum Prasad, says, "Taking a dip in water and exposing oneself to the sun during the four-day Chhath Puja increase the flow of solar bioelectricity that improves the overall functionality of the body. The festival also helps eliminate harmful bacteria and viruses from the body."

Pics: Rahul Sharma & Pramod Sharma

Clockwise from top: Workers make arrangements for Chhath near Kali Ghat and a woman buys a 'soop' from a market in Patna on Tuesday

TIMES TRIBUTE
PAYING HOMAGE TO THE DEPARTED SOUL
http://tributes.timesofindia.com

IN MEMORIUM

Col. (Retd.) K. A. Uthaiah
[18-11-1946 – 30-9-2020]

Born into a family of coffee growers in Coorg, hard work and simplicity came naturally to 'Dilip'. After graduating from OTA Chennai in 1971, he was selected into the elite Special Forces of the Parachute Regiment.

Fondly called 'Uthy', he was popular among fellow officers and soldiers alike for his humility, stark honesty, and kindness – qualities he exuberated until his final moments. He served the Nation for 35 years - a life of adventure, longstanding friendships and challenges that he took in his stride with utmost charm.

Uthy left this world as a dutiful husband and an extraordinary father; he is survived and celebrated by his tenacious wife, Ranjana, and his doting children, Karan and Kaveri.

You can contact the family on Uthy1946@gmail.com

REMEMBRANCE
SHARING MEMORIES

IN LOVING MEMORY
LATE NARAYAN PD. BANKA
18.11.2020

26th Death anniversary. On this day in 1994 you left for heavenly abode. Your memory is in our hearts. We pray to God for peace of your soul. You will be an ideal for we family members & our business house. Deeply remembered by: Asha, Sonu, Rashmi, Renu, Deepak, Radhika, Harsh, Raunak, Archit, Sanskriti, Ananya, Vanya.

TO PLACE A TRIBUTE ANNOUNCEMENT IN THIS SECTION CALL 9113402616

To pay tributes, log on to http://tributes.timesofindia.com

Permission sought to run more local trains

Patna: Even though railways is running a few pairs of MEMU trains on different routes, it has sought permission from the Railway Board to run more local passenger trains on various other routes falling under the jurisdiction of Danapur division of the East Central Railway (ECR). The Bihar Daily Passengers' Association, Bihar Chamber of Commerce and other local bodies have made representations in this regard.

According to Danapur divisional railway manager (DRM) Sunil Kumar, railways has resumed MEMU passenger trains on the Patna-Buxar, Mokama-Patna, Gaya-Patna and Kiul-Gaya sections to cope with local passengers' rush. Services of these trains were withdrawn following the Covid lockdown.

Railways has started running several pairs of MEMU passenger trains on a few sections of the division. "Railways will run more local passenger trains as soon as it gets approval from the Board," Sunil said, adding that railways allows local passenger trains while adhering to the Covid-19 guidelines issued by the ministry of home affairs. TNN

Covid-19 death toll in city crosses 300-mark

Sheezan.Nezami
@timesgroup.com

FIGHTING COVID-19

Patna: Altogether 513 new Covid-19 cases were reported in Bihar on Tuesday, taking the state tally to 2,27,946. Officially, five more deaths were reported, taking the toll to 1,194. With three more deaths, the toll in Patna district mounted up to 302. However, the state has 97.04% recovery rate and only 5540 active cases.

As per the health department data, three deaths were reported from Patna and one each from Banka and Gaya.

Patna again had the highest number of 186 Covid cases, taking its tally to 39,547 so far. However, with 37,758 recoveries and 302 deaths, there are 1487 active cases in the district. Covid-19 cases reported from some other districts included Muzaffarpur (27), Gaya (19), Munger (18), Kishanganj (16), Katihar (16), Nalanda (14), West Champaran (12), Aurangabad (11), Bhagalpur (11), Nawada (11) and Purnia (11).

The health department stated that 1,25,651 samples were tested in the past 24 hours and 749 people recovered during the same time period.

The government data apart, AIIMS-Patna reported eight deaths, including two from Patna district. One was an 80-year-old man of Bikha Chak and another a 72-year-old male from Bihta. Other deceased included a 46-year-old male of Saharsa, a 50-year-old male of Mahua, a 53-year-old male from Saran, a 62-year-old man of Rajgir, a 66-year-old woman of Laheriasarai and a 70-year-old man from Saran.

AIIMS-Patna nodal in-charge Dr Sanjeev Kumar said 11 new patients were admitted and the same number of people got discharged on Tuesday. There were 145 patients undergoing treatment in the hospital. Those admitted were also from different localities of Patna like Jakkanpur, Police Colony and Phulwarisharif.

No deaths were reported from Nalanda Medical College and Hospital. While two Covid patients were admitted there, two were discharged also. The hospital has 16 patients undergoing treatment for Covid-19 virus.

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CHANGE OF NAME

I, Ashutosh Singh, S/o Rajeev Kumar, R/o House No.25, Road No.6, Indrapuri, Patna-24, do hereby declare vide affidavit no. 13042 dt. 09.09.2020 that I have changed my name from Ashutosh to Ashutosh Singh. DOB-09.12.98 for all purposes.

I, Sanjeev Singh, S/o Bhola Prasad, R/o Vrindavan Colony, Road No. 1B, Phulwari Sharif, Patna do hereby declare vide affidavit no. 13031 dt. 09.09.2020 that I have changed my name from Sanjeev Kumar to Sanjeev Singh DOB 11.12.98 for all purposes.

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ADITYA VISION LIMITED
CIN: L32109BR1999PLC008783
Registered Office: 1st, 2nd & 3rd Floor, Aditya House, M-20, Road No. 26, S. K. Nagar, Patna-800001, Bihar
Tel No. +91-612-2520874/54, Email: cs@adityavision.in | Website: www.adityavision.in

NOTICE OF POSTAL BALLOT

Dear Member(s),
Notice is hereby given that "Aditya Vision Limited" (the Company) is proposing Postal ballot to seek approval of shareholders of the Company for the following resolutions:-

Item No.	Description
1.	Approval of migration of the Company from BSE SME Segment to the Main Board of BSE Limited
2.	Approval for payment of remuneration to Mrs. Sunita Sinha
3.	Appointment of Mr. Anant Upadhyay (DIN: 08847156) as an Independent Director
4.	Appointment of Mr. Atul Sinha (DIN: 08948807) as an Independent Director

Pursuant to Section 110 of the Companies Act, 2013 ("Act") and other applicable provisions, if any, of the Act and Rule 22 of the Companies (Management and Administration) Rules, 2014 ("Rules"), as amended from time to time, read with the Circular No. 14/2020 dated April 8, 2020, Circular No. 17/2020 dated April 13, 2020 and Circular No. 33/2020 dated September 28, 2020, issued by the Ministry of Corporate Affairs ("MCA") (hereinafter collectively referred to as "MCA Circulars"), that the Resolutions for consideration and approval, are proposed to be passed as a Special and as well as ordinary Resolution by the Members of Aditya Vision Limited ("the Company") through Postal Ballot only by voting through electronic means ("remote e-voting").
The Company is providing remote e-voting facility ("Remote e-voting") to all its members to cast their votes on all resolutions set out in the Postal Ballot Notice. The cut-off date for the purpose of determining the members eligible for participation in remote e-voting is Friday, 20th November, 2020.
In compliance with the aforesaid MCA Circulars, the Postal Ballot Notice is being sent only through electronic mode to those Members whose e-mail addresses are registered with the Company/Depositories. If your e-mail address is not registered with the Company/Depositories, please follow the process provided below to receive this Postal Ballot Notice and login ID and password for remote e-voting. The communication of the assent or dissent of the Members would only take place through the remote e-voting system.

Physical Mode Holding	Send scanned copy of the following documents by email to Register and Share Transfer Agent/Company at investor@cameoindia.com or cs@adityavision.in a. Signed request letter mentioning name of Shareholder, Folio No. and Complete address; b. Scanned copy of the share certificate (front and back) and c. Self-attested copy of PAN Card and Aadhar Card
Demat Holding	Please contact your Depository Participant (DP) and register your email address in your demat account, as per the process advised by your DP

Place : Patna
Date : 17 November 2020
For Aditya Vision Limited
Sd/-
Akanksha Arya, Company Secretary

ADITYA CONSUMER MARKETING LIMITED
CIN-L52190BR2002PLC009872
Registered Office: Lower Ground & Ground Floor, Aditya House, M-20, Road No.26, S.K.Nagar, Patna-800001 (Bihar)
Tel No. 0612-2520854/674, E-mail id -cs@adityaconsumer.com | Website: www.adityaconsumer.com

NOTICE OF POSTAL BALLOT

Dear Member(s),
Notice is hereby given that "Aditya Consumer Marketing Limited" (the Company) is proposing Postal Ballot to seek approval of shareholders of the Company for the following resolutions:-

Item No.	Description
1.	Approval for payment of remuneration to Mrs. Sunita Sinha
2.	Appointment of Mr. Anant Upadhyay (DIN:08847156) as an Independent Director
3.	Appointment of Mr. Atul Sinha (DIN:08948807) as an Independent Director

Pursuant to Section 110 of the Companies Act, 2013 ("Act") and other applicable provisions, if any, of the Act and Rule 22 of the Companies (Management and Administration) Rules, 2014 ("Rules"), as amended from time to time, read with the Circular No. 14/2020 dated April 8, 2020, Circular No. 17/2020 dated April 13, 2020 and Circular No. 33/2020 dated September 28, 2020, issued by the Ministry of Corporate Affairs ("MCA") (hereinafter collectively referred to as "MCA Circulars"), that the Resolutions for consideration and approval, are proposed to be passed as a Special and as well as ordinary Resolution by the Members of Aditya Consumer marketing Limited ("the Company") through Postal Ballot only by voting through electronic means ("remote e-voting").
The Company is providing remote e-voting facility ("Remote e-voting") to all its members to cast their votes on all resolutions set out in the Notice of the Postal Ballot. The cut-off date for the purpose of determining the members eligible for participation in remote e-voting is Friday, 20th November, 2020.
In compliance with the aforesaid MCA Circulars, this Postal Ballot Notice is being sent only through electronic mode to those Members whose e-mail addresses are registered with the Company/Depositories. If your e-mail address is not registered with the Company/Depositories, please follow the process provided below to receive the Postal Ballot Notice and login ID and password for remote e-voting. The communication of the assent or dissent of the Members would only take place through the remote e-voting system. If your email id is already registered with the Company/Depository, login details for e-voting are being sent on your registered email address.

Physical Mode Holding	Send scanned copy of the following documents by email to Register and Share Transfer Agent/Company at investor@cameoindia.com or cs@adityaconsumer.com:- a. Signed request letter mentioning name of Shareholder, Folio No. and Complete address; b. Scanned copy of the share certificate (front and back) and c. Self-attested copy of PAN Card and Aadhar Card
Demat Holding	Please contact your Depository Participant (DP) and register your email address in your demat account, as per the process advised by your DP

Place : Patna
Date : 17 November 2020
For Aditya Consumer Marketing Limited
Sd/-
Hridaya Narayan Tiwari, Company Secretary

Rail Wheel Plant/Bela
(Distt.: Saran), Bihar-841221
Open E-Tender Notice No: RWPY STORES/WORKS/ADVT/20-21/06, Dated: 12.11.2020. Tender No.: SRWP_TPT_SCRAP_RAIL_11_20C. Tender Due on 16.12.2020. "Principal Chief Materials Manager Rail Wheel Plant, Bela for and on behalf of the President of India invites online e-Open Tender" through Indian Railways E-Procurement Portal (IREPS) www.ireps.gov.in for transportation of New finished wheels 1. Name of work with its location, Qty and completion period: Cutting, loading and transportation of Heavy Melting Scrap (HMS) consisting of Condemned Rail (Qty: 5000 MT) from various locations of East Central Railway (under distance slab 0-200 KM) (taking average lead distance 100 KM) to Rail Wheel Plant, Bela Post: Arvind Nagar, Dist. Saran (Chhapra), Bihar in two schedules. Completion period: 12 months from the date of issuance of LOA. 2. Approx. cost of the work: Rs.54,44,330/- 3. Earnest Money to be Deposited: Rs. 1,08,900/- 4. Tender closing date and time: 16.12.2020 up to 15:00 hrs. 5 Website particulars, Notice Board location where complete details of tender can be seen and address of the office from where the tender form can be purchased etc.: For full details and submission of bid kindly visit Portal (IREPS) www.ireps.gov.in. The prospective firms/bidders submitting bid are advised to remain in touch with IREPS Portal (www.ireps.gov.in) for updates including Addendum/Corrigendum/Cancellation with respect to the above tender because no such any notice/information concerned that shall be published in newspaper.
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